# 3<sup>rd</sup> Advanced Training Institute on Health Behavior Theory

University of Wisconsin at Madison Fluno Center for Executive Education

June 18-25, 2006

Course Schedule

### **Sunday, June 18, 2006**

5:00 PM – 6:00 PM	Welcome Reception/Meet Other Participants
6:00 PM – 7:00 PM	Group Dinner in the Dining Hall
7:00 PM – 8:30 PM	Opening Program Neil Weinstein, PhD, University of Arizona Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida Robert Croyle, PhD, National Cancer Institute

### **Monday, June 19, 2006**

#### **Fundamental Issues**

7:00 AM – 8:00 AM	Breakfast
8:00 AM – 8:20 AM	Introduction/Logistics Alexander Rothman, PhD, University of Minnesota
8:20 AM – 8:30 AM	Overview of Themes Alexander Rothman, PhD, University of Minnesota
8:30 AM – 10:05 AM	Ice Breaker: PSA Neil Weinstein, PhD, University of Arizona Alexander Rothman, PhD, University of Minnesota
10:05 AM – 10:20 AM	Break
10:20 AM – 10:45 AM	Terminology Neil Weinstein, PhD, University of Arizona
10:45 AM – 11:30 AM	Why this course?  Alexander Rothman, PhD, University of Minnesota
11:30 AM – 12:30 PM	Lunch

# **Current Theories and Types of Theories**

12:30 PM – 1:15 PM	Introduction Barbara Curbow, PhD, University of Florida
1:15 PM – 2:30 PM	Krispy Kreme Exercise  Barbara Curbow, PhD, University of Florida
2:30 PM – 2:45 PM	Break
2:45 PM – 3:15 PM	Structure of Theories Neil Weinstein, PhD, University of Arizona
3:15 PM – 3:45 PM	Decision-Oriented Theories of Behavior, Part I Neil Weinstein, PhD, University of Arizona
3:45 PM – 3:55 PM	Wrap-Up Neil Weinstein, PhD, University of Arizona Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida
6:30 PM – 7:30 PM	Dinner
<b>Tuesday, June 20, 2006</b>	
	<b>Current Theories and Types of Theories</b>
7:00 AM – 8:00 AM	<u>Current Theories and Types of Theories</u> Breakfast
7:00 AM – 8:00 AM	Breakfast  Decision-Oriented Theories of Behavior, Part II
7:00 AM – 8:00 AM 8:00 AM – 9:00 AM	Breakfast  Decision-Oriented Theories of Behavior, Part II  Neil Weinstein, PhD, University of Arizona  Emotion and Theories of Behavior
7:00 AM – 8:00 AM 8:00 AM – 9:00 AM 9:00 AM – 10:00 AM	Breakfast  Decision-Oriented Theories of Behavior, Part II  Neil Weinstein, PhD, University of Arizona  Emotion and Theories of Behavior  Barbara Curbow, PhD, University of Florida
7:00 AM – 8:00 AM 8:00 AM – 9:00 AM 9:00 AM – 10:00 AM 10:00 AM – 10:15 AM	Breakfast  Decision-Oriented Theories of Behavior, Part II  Neil Weinstein, PhD, University of Arizona  Emotion and Theories of Behavior  Barbara Curbow, PhD, University of Florida  Break  Social Influence and Theories of Behavior
7:00 AM – 8:00 AM 8:00 AM – 9:00 AM 9:00 AM – 10:00 AM 10:00 AM – 10:15 AM 10:15 AM – 11:30 AM	Breakfast  Decision-Oriented Theories of Behavior, Part II  Neil Weinstein, PhD, University of Arizona  Emotion and Theories of Behavior  Barbara Curbow, PhD, University of Florida  Break  Social Influence and Theories of Behavior  Barbara Curbow, PhD, University of Florida

2:00 PM – 3:15 PM	Social Ecology and Theories of Behavior Ken McLeroy, PhD, Texas A&M University
3:15 PM – 3:25 PM	Wrap-Up Neil Weinstein, PhD, University of Arizona Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida Ken McLeroy, PhD, Texas A&M University Susan Weller, PhD, University of Texas
6:30 PM – 7:30 PM	Dinner
8:00 PM – 9:30 PM	Optional Evening Session: Ecological Approaches Ken McLeroy, PhD, Texas A&M University
Wednesday, June 21, 2006	
	<b>Current Theories and Types of Theories</b>
7:00 AM – 8:00 AM	Breakfast
8:00 AM – 9:30 AM	Linking Theoretical Perspectives Exercise Barbara Curbow, PhD, University of Florida Ken McLeroy, PhD, Texas A&M University Susan Weller, PhD, University of Texas
9:30 AM – 9:45 AM	Break
	<b>Theory Components</b>
9:45 AM – 10:10 AM	Introduction to Classes of Components Sue Curry, PhD, University of Illinois at Chicago
10:10 AM – 11:00 AM	Component: Risk Perception Neil Weinstein, PhD, University of Arizona
11:00 AM – 12:00 PM	Lunch
12:00 PM – 12:50 PM	Component: Culture Susan Weller, PhD, University of Texas
12:50 PM – 1:40 PM	

1:40 PM – 1:55 PM

Break

1:55 PM – 3:30 PM Assessment and Validity

Robin Mermelstein, PhD, University of Illinois at Chicago

3:30 PM – 3:40 PM Wrap-Up

Neil Weinstein, PhD, University of Arizona Sue Curry, PhD, University of Illinois at Chicago Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida

Robin Mermelstein, PhD, University of Illinois at Chicago

Ken McLeroy, PhD, Texas A&M University Susan Weller, PhD, University of Texas

6:30 PM – 7:30 PM Dinner

Thursday, June 22, 2006

**Theory Components** 

7:00 AM – 8:00 AM Breakfast

8:00 AM – 9:45 AM Scale Construction Exercise

Robin Mermelstein, PhD, University of Illinois at Chicago

9:45 AM – 10:00 AM Break

**Applications I** 

10:00 AM – 10:45 AM Levels and Types of Interventions

Sue Curry, PhD, University of Illinois at Chicago

10:45 AM – 11:45 AM Theory-Based Frameworks for Interventions

Karen Emmons, PhD, Harvard University

11:45 AM – 11:55 AM Wrap-Up

Neil Weinstein, PhD, University of Arizona

Sue Curry, PhD, University of Illinois at Chicago Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida

Karen Emmons, PhD, Harvard University

Robin Mermelstein, PhD, University of Illinois at Chicago

11:55 AM – 12:55 PM Lunch

1/2 Day Open for Networking

6:30 PM – 7:30 PM Dinner

### **Friday, June 23, 2006**

### **Applications I**

7:00 AM – 8:00 AM	Breakfast
8:00 AM – 9:30 AM	Constructing an Intervention Model Exercise Sue Curry, PhD, University of Illinois at Chicago Karen Emmons, PhD, Harvard University
9:30 AM – 9:45 AM	Break
9:45 AM – 10:30 AM	Overview of Qualitative Methods  Karen Emmons, PhD, Harvard University
10:30 AM – 11:30 AM	Focus Group Plan Exercise Sue Curry, PhD, University of Illinois at Chicago Karen Emmons, PhD, Harvard University
11:30 AM – 12:30 PM	Lunch
12:30 PM – 1:30 PM	Using Qualitative Methods to Inform Theory Karen Emmons, PhD, Harvard University
	Testing Theories
1:30 PM – 2:00 PM	Does the analysis test the theory? Part I Neil Weinstein, PhD, University of Arizona
1:30 PM – 2:00 PM 2:00 PM – 2:15 PM	Does the analysis test the theory? Part I
	Does the analysis test the theory? Part I Neil Weinstein, PhD, University of Arizona
2:00 PM – 2:15 PM	Does the analysis test the theory? Part I  Neil Weinstein, PhD, University of Arizona  Break  Does the analysis test the theory? Part II
2:00 PM – 2:15 PM 2:15 PM – 3:20 PM	Does the analysis test the theory? Part I Neil Weinstein, PhD, University of Arizona  Break  Does the analysis test the theory? Part II Neil Weinstein, PhD, University of Arizona  Wrap-Up Neil Weinstein, PhD, University of Arizona Sue Curry, PhD, University of Illinois at Chicago Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida

## Saturday, June 24, 2006

9:45 AM – 10:00 AM Break

# **Testing Theories**

7:00 AM – 8:00 AM	Breakfast
8:00 AM – 9:30 AM	Mediators and Moderators <i>Alexander Rothman, PhD, University of Minnesota</i>
9:30 AM – 9:45 AM	Break
9:45 AM – 11:30 AM	Mediators and Moderators Exercise  Alexander Rothman, PhD, University of Minnesota
11:30 AM – 12:30 PM	Lunch
	<b>Applications II</b>
12:30 PM – 2:00 PM	Writing Competitive Theory-Based Grants Sue Curry, PhD, University of Illinois at Chicago
2:00 PM – 2:15 PM	Break
2:15 PM – 2:45 PM	Introduction to Mock Study Section/Grant Reviews Sue Curry, PhD, University of Illinois at Chicago
2:45 PM – 2:55 PM	Wrap-Up Neil Weinstein, PhD, University of Arizona Sue Curry, PhD, University of Illinois at Chicago Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida
6:30 PM – 7:30 PM	Dinner
<b>Sunday, June 25, 2006</b>	
	<b>Applications II</b>
7:00 AM – 8:00 AM	Breakfast
8:00 AM – 9:45 AM	Mock Study Section Exercise Sue Curry, PhD, University of Illinois at Chicago
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10:00 AM – 11:00 AM Wrap-Up

Neil Weinstein, PhD, University of Arizona Sue Curry, PhD, University of Illinois at Chicago Alexander Rothman, PhD, University of Minnesota Barbara Curbow, PhD, University of Florida

11:00 AM – 12:00 PM Lunch/Depart